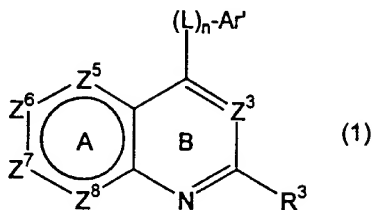


Abstract

The invention is directed to methods to inhibit TGF- $\beta$  and/or p38- $\alpha$  kinase using compounds of the formula



or the pharmaceutically acceptable salts thereof

wherein  $R^3$  is a noninterfering substituent;

each Z is  $CR^2$  or N, wherein no more than two Z positions in ring A are N, and wherein two adjacent Z positions in ring A cannot be N;

each  $R^2$  is independently a noninterfering substituent;

L is a linker;

n is 0 or 1; and

$Ar'$  is the residue of a cyclic aliphatic, cyclic heteroaliphatic, aromatic or heteroaromatic moiety optionally substituted with 1-3 noninterfering substituents.